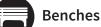
Strawberry Hill House Sensory Trail

Key



- Denci
- --- Sensory Trail without the woodland walk 🥵
- •••••• Sensory Trail including the woodland walk



Bug hotel

Shell bench



Things to do along the trail

- 1) Sit and look at this fabulous view of the house.
- 2 Sit and reflect and listen to the birds.
- **3** Sit and reflect in this quiet space.
- 4 Touch the bark of the smooth lime and rough robinia.
- 5 Hug the oak tree and feel the energy.
- **6** Crush the bay leaves for their smell.
- Look at the variety of flowers and vegetables and herbs.
 Crush the rosemary and smell.
 - Smell the lemon verbena. It smells like sherbet lemons. Take 3 leaves to taste a refreshing tea.



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Look up at the canopy.

