

Strawberry Hill House Sensory Trail

Key

-  Benches
-  Sensory Trail without the woodland walk 
-  Sensory Trail including the woodland walk
-  Bug hotel
-  Shell bench
-  Toilets

Things to do along the trail

-  Sit and look at this fabulous view of the house.
-  Sit and reflect and listen to the birds.
-  Sit and reflect in this quiet space.
-  Touch the bark of the smooth lime and rough robinia.
-  Hug the oak tree and feel the energy.
-  Crush the bay leaves for their smell.
-  Look at the variety of flowers and vegetables and herbs. Crush the rosemary and smell.
-  Smell the lemon verbena. It smells like sherbet lemons. Take 3 leaves to taste a refreshing tea.
-  Look up at the canopy.

